

# Membership Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Please circle appropriate category:

\$50 Tadasana

\$100 Vrksasana

\$250 Padmasana

\$500 Sarvangasana

\$700+ Natarajasana

Donation (optional) \$ \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

Select your form of payment:

Check or money order to: BIYC

Mail to:

Big Island Yoga Center

PO Box 2233 Kealahou, HI 96750

OR

To pay by credit card

See your teacher in class

OR: call Joan 808.769.0772

Big Island Yoga Center, a 501(c)3 Hawaii non-profit corporation, was founded in 1989 by certified Iyengar teacher Darina Archer. It was through the vision and generosity of Dr. Larry Peebles that the second floor of the old plantation home at 81-6623 Mamalahoa Highway, Kealahou, was transformed into the studio that we see today, with its high-beamed ceilings, hardwood floors, windows on all four walls, and our wall rope system which is unique on the West side of Hawaii island.



## Our Foundations

### Traditional Alignment Based Yoga

is the foundation of Big Island Yoga Center. This approach emphasizes precise and careful body alignment, muscular balance, and maximum spinal extension. By using simple props, our method helps people of any age or physical condition to practice Yoga safely and derive its benefits. We offer workshops with certified Iyengar teachers throughout each year; and our teachers have received training from these teachers.

**Purna Yoga** is based on the teachings of Sri Aurbindo and The Mother, the Vedas, Patanjali, BKS Iyengar and other selected traditions, synthesized by the personal experience of Aadil Palkhivala and Savitri. "Purna" means complete; and Purna Yoga distills & integrates the vastness of Yoga into an invaluable set of tools for transformation and healing. BIYC teachers have received training in Purna Yoga.

Our schedule may include teachings from other traditions. Student safety remains our highest priority.



# Membership Application



# Membership Benefits

As a member of BIYC, when you purchase a class pass it will have no expiration date.

## Tadasana - \$50

- 10% discount on any yoga books
- 2 coupons for admission to any 1.5 hour Yoga class

## Vrksasana - \$100

- 10% discount on all clothing, props and books
- 2 coupons for any 1.5 hour Yoga class
- Complimentary BIYC T-shirt of choice

## Padmasana - \$250

- 10% discount on all clothing, props and books
- 10% discount on workshops
- 4 coupons for any 1.5 hour Yoga class
- Complimentary BIYC T-shirt of choice

## Sarvangasana - \$500

- 10% discount on all clothing, props and books
- 10% discount on workshops
- 4 coupons for any 1.5 hour Yoga class
- Complimentary BIYC T-shirt of choice
- 1 Private one hour lesson
- Lunch with BIYC teacher of choice

## Natarajasana - \$700+

- 10% discount on all clothing, props and books
- 10% discount on workshops
- 6 coupons for any 1.5 hour Yoga class
- Complimentary BIYC T-shirt of choice
- 2 Private one hour lessons
- Lunch with BIYC teacher of choice

## Your membership

—including all stated benefits—is active for one year from the date of your enrollment. All of the class coupons, including privates, can be transferred by the member to any person of her/his choice. You will be given a membership card which you will present to a teacher when making any purchases at the studio.



## Why support BIYC?

BIYC is a community-based studio, incorporated as a 501(c)3 nonprofit organization dedicated to promoting the practice and teaching of Traditional Alignment Based Yoga. We exist to meet the needs of our students, offering a variety of classes—from Beginner to Kupuna to Wall Ropes—for both the active and restorative aspects of our practice. As a result of Yoga's body/mind approach, students regularly report improvement in health and quality of life.

Our class fees do not cover our total operating expenses. BIYC is able to thrive through the untold hours of volunteerism on the part of both teachers and students. Your tax deductible donation, in the form of membership, will help to ensure the continuation of our studio. When any of our students have financial issues that may keep them from attending class, we work with them to make a plan based on their individual needs.

On the first Sunday of each month from, 10:30 AM to 12:00 PM we hold a free class. This is a way to introduce newcomers to the benefits of a regular yoga practice and to give back to the community.

